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# Seeds Planted In Concrete



## Synopsis

Through illustration and poetry, *Seeds Planted in Concrete* is Bianca Sparacino's raw testament to the beauty that is found within the contrasts of life. By writing truthfully about the intricacies of both love and loss, Sparacino's first collection of work is one that will speak to the very depths of those who read it, inspiring a will to love, and live. This collection is a manifesto of the journey every human being takes throughout their life; an assembly of words that celebrates the resilience of the human heart through stages of hurting, feeling, healing and loving.

## Book Information

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## Customer Reviews

My only complaint is that I wish it were longer! Almost every page somehow related to my life and offered comfort. This book will be kept on hand for when I need reminders to help me pick up and keep moving.

This is a wonderful collection of love- and life-affirming poems for young and old alike. Some of the verses and prose poems may remind some readers of Thich Nhat Hanh's "You Are Here" or Pema

Chodron's "fail fail again fail better"; other selections echo earlier writers such as Anne Sexton, Sylvia Plath, Erica Jong and even a kind of synthesized Doris Lessing. And some of this poetry would make excellent lyrics for many of today's young singers/songwriters. With poems that read like an enchanting conversation with someone who has just come back from an incredible journey, the author celebrates and shares her experiences of the pain and joy of love, bringing the essence of her deep, personal growth into the realm of the universal; indeed, even to telling how the cosmos itself is part of the heart's journey. With some lines that will stay with you for a long time, she describes how long-treasured aspirations about herself and her relation to love crumbled and how she came to learn that this crumbling was necessary in order for a more enlightened self-understanding to take root. Her poignant poetry shows how she became aware of herself as a whole human being by pushing through that rubble and flourishing in a way that allows her to share the experience. Through her poetry, we see how the process of finding or creating good ways to face difficult times is an essential part of being real to yourself and to others, of being someone who continues to learn how to "love in the most enduring of ways" and of being someone who knows joy in the journey. This volume would also be an asset to a high school or college syllabus, though I can only guess at the number of differing interpretations that students would make of the picture on the cover!

I first found Bianca Sparacino reading a poem on video via Thought Catalog. This is the first audiobook I've heard and/or purchased. I took a chance on the narration instead of physically reading a book because the poet's video displayed a pleasing voice. I do not think a review would do justice without quotations from her poetry. Here are a few: I am willing to trust • You were made to endure • But rather, we love because we have someone's else blood within our veins. • Do not hide your wounds. • I'm writing this to say I'm sorry. I'm poison the I love, so this is my confession. • May you dip your wings in ink so that your words fall from the sky • Promise me you won't run back to what cracked you • Take your life back from any negativity within it. • Let that girl know she inspires you. • Each of Bianca's poems arrives in this book as life reminders; the most truthful and questionable thoughts we all have within us, deep in the brain and/or heart. Furthermore, Bianca encourages us to have patience in life and • wait for it. • Whatever you truly feel you deserve, • wait for it. • (On a side note, when Bianca exclaims • my God, • it is quite charming.) Lastly, this poet leaves us to • focus on the beauty, • and turn love into an openness for a soulmate • that does exist. •

I became familiar with the author on Thought Catalog. I think she has a beautiful perspective to share on love and humanity. If you are in need of some affirmation that the love you long for truly exists, you will enjoy this collection of essays. However, you'll have to be in the right mind frame to digest it, because it's quite sticky sweet and metaphorical, comically so at times. Like you get the sense that the author probably makes herself cry with her own beautiful sentiments. If you read it all in one sitting, which is easy to do, you'll find yourself rolling your eyes at her affinity for the words bones and cells and ribcages. Yet it somehow works, her voice is distinctive and if you're seeking out this book, you probably are in the mind frame to receive it, find it inspirational and comforting and be better off for having read it.

So beautifully written. I've read this over and over again. Discovered Bianca's work at a time in my life when I really needed it. It helped me heal and inspired me. Such a real and beautiful perspective on life and love.

Beautiful. I will cherish this book and read it when I lose myself. this has opened my eyes. If you are human, you really need to read this.

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